

# student

# LIFE



at a glance.





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(We Think You Should Know)



Welcome to your home away from home! At Student LIFE we offer you nearly all kinds of services and activities to make your experience here a meaningful and fruitful one.

Whether you are an international student from abroad or a local student from out of town, feel free to use these resources and services available to you.

### **Getting Started (Orientation / Spotlight)**

As an initiative to familiarize incoming students with our campus and your surroundings, we conduct interactive, fun-filled orientation sessions and Student LIFE Spotlight activities to bring students up to speed. It's also a great opportunity to make new friends and get to know one another.

### **International Student Welcome Week**

A one-week programme assisting you as an International Student in transitioning and adjusting to the new country and into Sunway campus.

A series of activities will introduce you to our country, culture and language.



## Need a Hand? (Counselling And Wellness)

In addition to orientations and programmes, we're also here to aid you in other ways as much as possible.




We understand the challenges you may face. That's why we're always ready to listen should you face any difficulties adjusting to your new environment. Whether it's just to lend you an ear or to dispense friendly advice, we have a team of qualified counsellors ready to assist you in achieving peace of mind. So, do contact us if ever you feel overwhelmed.

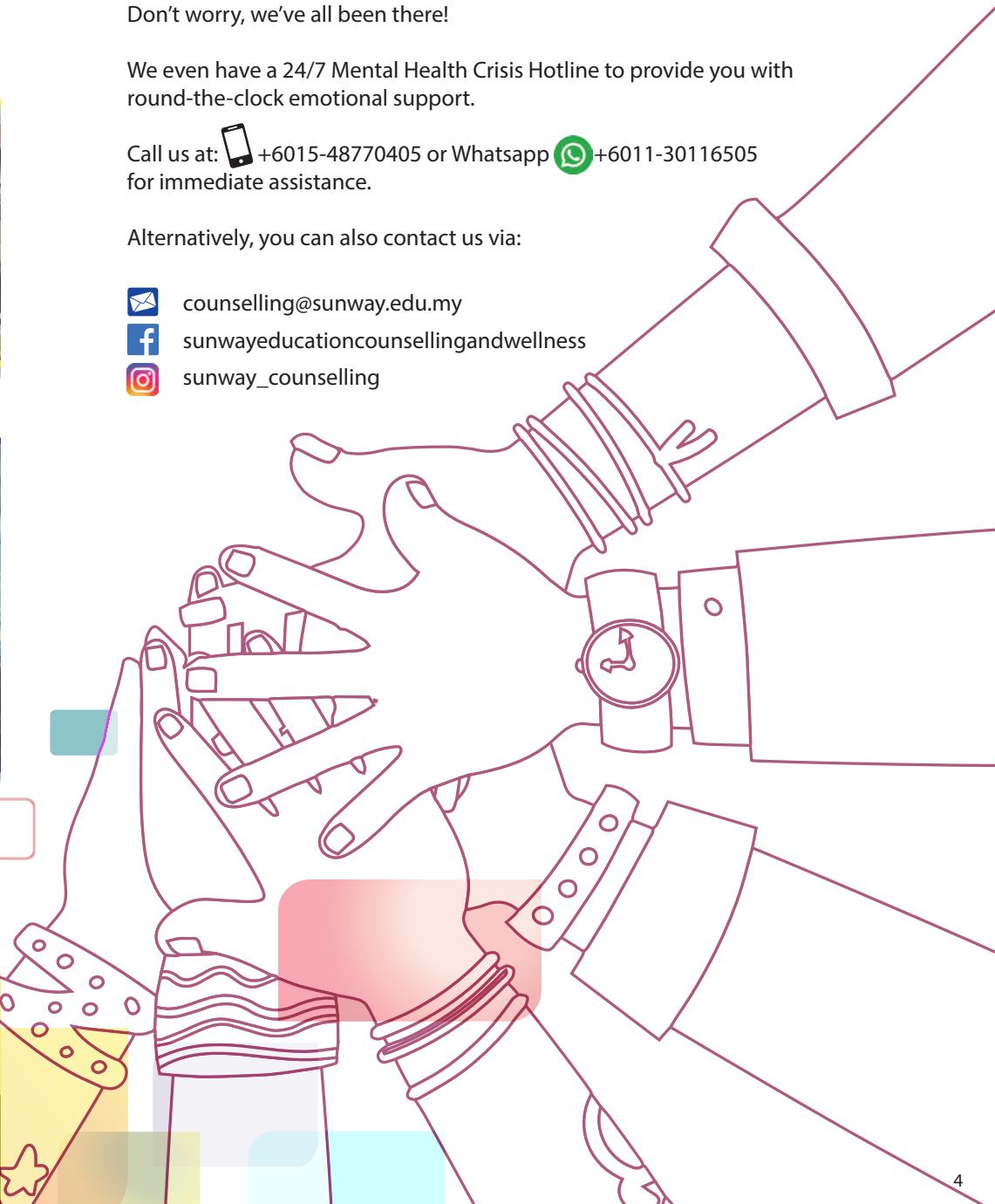
Don't worry, we've all been there!

We even have a 24/7 Mental Health Crisis Hotline to provide you with round-the-clock emotional support.

Call us at:  +6015-48770405 or Whatsapp  +6011-30116505 for immediate assistance.

Alternatively, you can also contact us via:

-  [counselling@sunway.edu.my](mailto:counselling@sunway.edu.my)
-  [sunwayeducationcounsellingandwellness](https://www.facebook.com/sunwayeducationcounsellingandwellness)
-  [sunway\\_counselling](https://www.instagram.com/sunway_counselling)



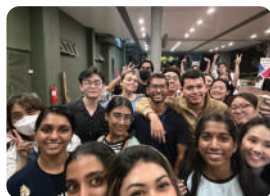
# There's *always* something *happening* on Campus!

We provide avenues for students to tap into their full potential with leadership opportunities through joining different Student Leadership Bodies, Clubs & Societies, or to grow their skills and interests through volunteering in Community Service Initiatives. To find out more, email our Student Leaders & Engagement Team at:

✉ [sle@sunway.edu.my](mailto:sle@sunway.edu.my)

## Clubs & Societies

We have a wide range of Clubs & Societies (or C&S) to cater to each student's needs, all of which are self-governed under the supervision and patronage of Student LIFE's Student Leadership & Engagement (SLE) Unit. You can get a complete list of all our clubs and societies in the following pages or contact us through the email below to find out more on how you can be an even bigger part of our community! To highlight our huge number of C&S and to applaud our students' effort, we organise a Clubs & Societies Carnival three times a year. This is where we have a massive week-long gathering of C&S stalls, activities and performances so you experience first-hand the energy and excitement from our community.



## Sports and Facilities

Sports and recreational activities are readily accessible for all students to make new friends and to get their game on! If you want to play sports socially, get healthier and fitter or be part of a team, look no further! Our campus is the place to be for students who love sports. Some of our facilities include:

- A fully functional SunGym
- FIFA certified Football Field
- Olympic Standard Swimming Pool
- Squash Courts
- Basketball Courts
- Tennis Court
- Netball / Volleyball Court
- Indoor / Social games at Student LIFE Centre

Follow the link to find out how you can access these facilities:

 <https://bit.ly/sunway-sports>

## Other Activities

One good thing about our Campus is its location. We are within walking distance to Sunway Pyramid. Grab some friends and catch a movie, shop or even enjoy the Sunway Lagoon Theme Park.

Have a great time socialising, and we wish you enjoyable memories as you start your journey here as a student in Sunway!



# Let's Go Clubbing!



With more than a hundred clubs and societies, we're pretty sure we have you covered. Here are a few categories of Clubs & Societies (we call them C&S). Scan the QR code on this page for a detailed C&S contact list!

## Sports Clubs

Are you the sporty type? We have various sports clubs you can be a part of whether it's football, cheerleading, dance, dodgeball, basketball or even chess.



## Martial Arts

Taekwondo, MMA, Muay Thai, Jujitsu are just some of the martial arts clubs available. Whether you are a beginner or expert, you are welcome to join us.

## Religious

We respect everyone's beliefs at Sunway. In fact, we have several clubs and societies catering to different faiths whether it's Christianity, Islam, Hinduism, Buddhism and more.



## Cultural

We have clubs dedicated to learning and celebrating each other's cultures, such as our Sahabat Society, Chinese Cultural and Indian Cultural Society to name a few.

## Arts & Music

For the creatively inclined, you can showcase your talent by being a part of our Ensemble, our various performance bands, or even our Sunway choir! Find the club that best suits you.

## Business

Do you wish to improve your skill in business and entrepreneurship? These clubs could be for you - whether it's about marketing, global supply chain, investment or social enterprises, we have something for everyone!

## Accounting & Finance

We even have clubs dedicated to Actuarial Sciences, Commerce, Accounting and more!





## Uniform/Affiliates

In addition to C&S formed internally, we have affiliated clubs you can join to hone your skills or to gain knowledge. These are well-known organisations such as TEDx, Model United Nations, Toastmasters, Rotaract, to name a few.

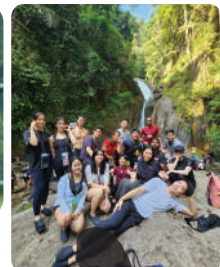
## General Interest

Not sure which club or society you fit into? No worries! We have C&S that cater to general interest like technology, anime, book lovers, board games, animal lovers, debating, psychology, to name a few.

## C&S Events To Look Out For

Some of the events and activities that we organise include:

- Clubs & Societies Carnivals  
(3 times a year – January/February, April/May & September)
- Clubs & Societies Trainings (3 times a year)
- Clubs & Societies Recognition Awards (November)
- Annual Friendship Month games, tournaments & activities (August)



[bit.ly/CnSList2024\\_v1](https://bit.ly/CnSList2024_v1)

# OK.

So How Do I Join  
Clubs & Societies  
at Sunway?

- STEP 1 - Scan the QR code above for the list of clubs & societies.  
STEP 2 - Check out the clubs/societies that you are interested in.  
STEP 3 - Contact the clubs/societies via Instagram, Facebook or you can drop them an email too!

*NOTE: You may join as many clubs and societies as you wish but do bear in mind to balance your studies and interests for the best student experience here in Sunway University & Sunway College.*

## Clubs and Societies:



SunwayCNS - Sunway University Clubs & Societies



sunway.cns



sunwaysunbears



sunwayclubssocieties

## Sports Clubs:



sunwaysportteam



sunwaysportteam

# Student Leaders

At the highest rung of our Clubs & Societies sit our Student Leadership Bodies. These are our student leaders selected to represent Sunway in various areas of responsibility and disciplines. The Student Leadership Bodies consist of selected student leaders who aim to bring positive change to the Student Body at large. If you are interested to be a part of these Bodies, do contact us!

## Sunway University Student Council

Sunway University Student Council (SUSC) acts as a bridge between students and the management of Sunway University. Their aim is to improve the inclusivity of students and student engagement.

✉ [sa.info@imail.sunway.edu.my](mailto:sa.info@imail.sunway.edu.my)

📷 [sus\\_council](#)

## Sunway College Student Council

Sunway College Student Council (SCC) represents all students of Sunway College. They are tasked with bridging ideas, concerns, and providing feedback from the College community to the staff of Sunway College.

✉ [scc.info@imail.sunway.edu.my](mailto:scc.info@imail.sunway.edu.my)

📷 [sccsunway](#)

## Sunway Sports Council

They are a group of student leaders dedicated to promoting a healthy lifestyle on campus and assisting the Sunway student community in developing good character through sporting events and activities. They believe in inclusivity and endeavour to create a collaborative culture.



✉ [sportscouncil@imail.sunway.edu.my](mailto:sportscouncil@imail.sunway.edu.my)

📷 [sunway.sportscouncil](#)



## Sunway Student Volunteers




Sunway Student Volunteers (SSV) is the largest volunteer group in the Sunway Campus. SSV holds firm on the belief that understanding the spirit of volunteerism is crucial in humanity to bring continuous positive impacts and benefits to society. They are involved in various outreach activities in areas of health, environment, community and wildlife. Join us and make a difference!

 [ssv.info@imail.sunway.edu.my](mailto:ssv.info@imail.sunway.edu.my)  
 [sunway\\_ssv](https://www.instagram.com/sunway_ssv)



## Sunway ECHO Media

They produce Sunway University's official student newsletter. With imaginative articles and event reports on their official website, PR and design-related activities on social media, and video production on YouTube, this team covers a wide range of popular topics.

 [sunwayechomedia.com](http://sunwayechomedia.com)  
 [echo.info@imail.sunway.edu.my](mailto:echo.info@imail.sunway.edu.my)  
 [sunwayechomedia](https://www.instagram.com/sunwayechomedia)



## Sunway Global Friends Community

With a focus on internationalising the campus, Sunway Global Friends Community (SGFC) acts as a bridge between local and international students. You will learn about various cultures and improve your cultural competency while making friends from different backgrounds. You will even get the opportunity to host international guests from across the globe!

 [sgfc.info@imail.sunway.edu.my](mailto:sgfc.info@imail.sunway.edu.my)  
 [sunwayglobalfriendscommunity](https://www.instagram.com/sunwayglobalfriendscommunity)



### Peer Counselling Volunteers

Peer Counselling Volunteers (PCV) is a peer support network for students on campus. As PCVs, we hope to promote a culture of people helping people as peers. We are students who are trained by counsellors to help our friends who have issues/concerns in life. We also undergo training to enhance our skills and expand our knowledge to help others better. If you're still doing soul-searching in your life or want to learn how to help a friend, then JOIN US!

- ✉ [sunwaypcv@imail.sunway.edu.my](mailto:sunwaypcv@imail.sunway.edu.my)
- 📷 [sunway\\_pcv](https://www.instagram.com/sunway_pcv)

### Sekretariat Rukun Negara (SRN)

SRN is a student body that aims to promote cultural diversity and strengthen the spirit of patriotism amongst the student community.

- ✉ [srn.sunway@outlook.com](mailto:srn.sunway@outlook.com)

### Sunway Student Ambassadors (SSA)

SSA is a student-run representative body. Comprising Scholarship recipients exclusively, they promote the ideals of academic excellence and leadership in Sunway, by providing a platform for meaningful networking and positive action.

- 🌐 [sunwayssa.org](http://sunwayssa.org)
- ✉ [ssa@imail.sunway.edu.my](mailto:ssa@imail.sunway.edu.my)



# Other Helpful Stuff

(We Think You Should Know About)

Like to know more about the other services we offer at Student LIFE? Here's some helpful stuff for your reference, or come visit us at:

 [student.sunway.edu.my](http://student.sunway.edu.my)

## Student Leadership & Engagement


Student Leadership & Engagement provides avenues for students to tap into their potential via leadership opportunities, creative thinking projects and community service. We inspire each student in maximizing their potential through creative activities, leadership training, and club & societies to foster a culture of leadership and teamwork.

We spearhead the Cultural Initiative Programme to create greater engagement among the international and local student community on campus. Events we organize include Future Leader's Academy, Clubs & Societies Carnival, friendship month, festive celebrations, social networking events, cultural-related activities and many more.


 [sle@sunway.edu.my](mailto:sle@sunway.edu.my)

 SunwayCNS - Sunway University Clubs & Societies

 sunwaysports

 sunwayclubssocieties

 sunway.cns

 sunwaysunbears

## Sports

The Sports Office is a hub of athletic excellence, fostering a culture of teamwork, skill development, and sportsmanship. We offer a diverse range of sports programs and activities, providing students with opportunities to engage in both competitive and recreational sports. Whether you're a seasoned athlete or a newcomer to the world of sports, we cater to all skill levels. From intercollegiate competitions to intramural leagues, there are ample opportunities for students to participate, compete, and build lasting connections with fellow athletes. Join us in the pursuit of excellence, where passion meets performance, and where the thrill of victory is complemented by the values of integrity and teamwork. Discover the joy of sports at Sunway and let us help you unlock your full athletic potential.

 [sports@sunway.edu.my](mailto:sports@sunway.edu.my)

 sunwaysportsteam

 sunwaysportsteam

## **Counselling and Wellness**

We're committed to providing comprehensive counselling services that are developmental, preventive and remedial to facilitate solution focused/finding, improve relationships, enhance growth and empower individuals to develop to their fullest potential by promoting and modelling positive mental health for our students. We provide individual counselling, workshops and talks, mental health awareness programme and resources.



sunway\_counselling



counselling@sunway.edu.my



sunwayeducationcounsellingandwellness

## **Student Welfare**

Our objective is to protect the interest and well-being of Sunway University / College students regardless of racial origin, gender, age, social status or other individual differences. Acting as a link between Sunway University/College and students, we liaise with internal and external resources to support our students. We are tasked with collaboratively assessing the needs of our students, and where appropriate, to arrange, coordinate, monitor, evaluate and advocate for our students.

### **Our Services**

Some of the situations that we assist and advice on include:

- Abuse
- Bullying / Harassment
- Disability
- Student / Staff Relations
- Crisis Intervention
- Other Welfare related matters

You can contact us at:



welfare@sunway.edu.my

## **Sunway Cultural Exchange**

Learning goes beyond the classroom walls and country borders! Experience new cultures and countries through our 2- or 3-week short-term exchange programmes. Unable to travel? Fret not, we have a variety of exciting sessions such as the Global Culture Cafe and other activities on campus and online too!



culturalexchange@sunway.edu.my



sunwayculturalexchange



sce\_sunway






## Sunway Career Services

We are a One-Stop Career Centre to equip and support students as they navigate through their career pathways on campus. We strive to ensure that we produce quality graduates by fostering partnerships with industries and esteemed employers.

So What Do We Do?





- Resume Review
- Interview Guidance
- Employer Linkage
- Job Opportunities
- Internships
- Career Readiness Programme
- Career Fair
- Sun-U Career Portal
- Career Advisory & Assessment
- Future Leaders' Academy

Connect With Us:

-  [student.sunway.edu.my/services/sunway-career-services](https://student.sunway.edu.my/services/sunway-career-services)
-  [careerservices@sunway.edu.my](mailto:careerservices@sunway.edu.my)
-    @sunwaycareerservices


## Sunway Alumni Relations

Once a Sunwayian, always a Sunwayian! Get in touch with your seniors in the work force through our Mentoring Programme and other activities and events. Be inspired by alumni who come back to campus to share their experiences and personal journeys. Your very own journey with Sunway does not end after graduation as you will continue to reap many benefits and opportunities as Sunway Alumni!

-  [alumni.sunway.edu.my](https://alumni.sunway.edu.my)
-  [alumni@sunway.edu.my](mailto:alumni@sunway.edu.my)
-  The OFFICIAL Sunway Alumni Community
-  @sunwayalumni


## Scholarships & Financial Aid

The Jeffrey Cheah Foundation is built on the core values of recognising and appreciating leadership, merit, talent as well as ensuring equal educational opportunities for all. Our commitment to giving back to the community and society is manifested through initiatives such as scholarships. Find out more at our website:

-  <https://scholarship.sunway.edu.my/>



## Sunway Originals

Sunway Originals is Sunway campus' very own souvenir shop. We stock a wide range of items with the exclusive Sunway brand. T-shirts, hoodies, mugs and other premium merchandise are just some of the items you can find at our store. Aside from that, we also offer attractive promotions and special gift packages which can be arranged according to your selection and budget. Do check us out! We can also be reached at:

-  [sunwayoriginals@sunway.edu.my](mailto:sunwayoriginals@sunway.edu.my)

## Student Support

Need further assistance? Whether it's locker rentals, insurance enquiries or any other general support, we are here to help! Contact us at:

-  <https://student.sunway.edu.my/campus-life/student-support>
-  [studentsupport@sunway.edu.my](mailto:studentsupport@sunway.edu.my)



student

# LIFE



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**E:** [info@sunway.edu.my](mailto:info@sunway.edu.my)

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